

## Weightlifting Feedback

Just a summary of my weightlifting achievements to date following your kind financial award in October 2023.

I lift in the 71kg weight category, I continue to be a part of the Scottish Senior Squad , the GB Junior Squad and the North Gym , Berwick Upon Tweed.

2024 has been an incredible year and I'm very proud to say that I have competed in Youth Competitions and also moved up into Junior Competitions ahead of my 18th birthday .

I travelled to Peru in May 2024, just after completing my Higher's , I lifted at the World Youths and finished 7th , I lifted a total of 190.

In June 2024, I travelled to Greece to compete in the European Youths and finished 4th , I lifted a total of 189.

By September the GB Squad had moved me up to Juniors and I competed in Spain at the World Juniors and finished 13th, with a total of 190.

In October I travelled to Poland for the European Juniors and finished 6th with a total of 195. I also achieved a new British Record for U20s at 88kg for Snatch.

My final competition of the year was in December at the Scottish Seniors . I retained my Seniors 71kg title, I won best Scottish Female Lifter and I achieved a total of 200kg.

In 2024 , I was awarded Best Sports Persons at Berwickshire High School. I was awarded Berwickshire Junior Sports Person, via Club Sport Berwickshire and I was nominated as a Borders Rising Star at the inaugural Women In Sport event held within the Melrose 7's weekend.

I continue to train hard and I am committed to my sporting journey, the financial support offered by ABPCC assists me in achieving my goals.

2025 looks to be another exciting year with many opportunities and I will forward an application for funds for your consideration within the next few months .